

# mhsca

Founded: August 15, 1955

## EXECUTIVE BOARD

**Executive Director**  
**James M. Okler,**

Email: [MHSCA1954@gmail.com](mailto:MHSCA1954@gmail.com)

**Executive Secretary**  
**Mark Holdren**

Email: [mholdren.11@gmail.com](mailto:mholdren.11@gmail.com)

**President**  
**Debbie Williams-Hoak**

**1st Vice President**  
**Darrin Millar**

**2nd Vice President**  
**Ron Landfair**

**3rd Vice President**  
**Dave Kowalski**

**Past President**  
**Ted McIntyre**

## MEMBER ASSOCIATIONS

**MIAAA: Athletic Directors**

**MHSBCA: Baseball**

**BCAM: Basketball**

**MHSBCA: Bowling**

**CCCAM: Competitive Cheer**

**MHSFCA: Football**

**MIGCA: Golf**

**MHSGCJA: Gymnastics**

**MHSHCA: Men's Ice Hockey**

**MHSLCA: Men's Lacrosse**

**MHWLCA: Women's Lacrosse**

**MHSSCA: Skiing**

**MHSSCA: Softball**

**MISCA: Swimming & Diving**

**MHSTeCA: Tennis**

**MITCA: Track & Field &  
Cross Country**

**MIVCA: Volleyball**

**MWA: Wrestling**

## CONTACT INFORMATION

**WEBSITE:** [mhsca.org](http://mhsca.org)

**PHONE:** 517-526-4575

# The Michigan Coach

THE OFFICIAL PUBLICATION OF THE MICHIGAN HIGH SCHOOL COACHES ASSOCIATION

MICHIGAN HIGH SCHOOL COACHES ASSOCIATION

854 Marshall street, Portland 48875

# 2021 MHSCA HALL OF FAME

Five outstanding coaches will be inducted into the MHSCA Hall of Fame on September 19, 2021, plus the return of the 2020 Class will also join the day. Congratulations!

The class of 2021 MHSCA Hall of Fame inductees will be:

**Tony Birg**, Springport High School

**Leon Braisted III**, Marin High School & Brother Rice High School

**Brian Gordon**, Royal Oak High School & Novi High School

**Mike Turner**, Trenton High School

**Steve Zaraneck**, Grosse Pointe South High School

Due to the pandemic the 2020 HOF class went virtual and now they are join the newest of Michigan High School Coaches Association Hall of Fame Class to join in person honors.

The Class of 2020 was virtually inducted into the Hall of Fame now will be recognized with the five new 2021 Hall of Fame members.

The MHSCA Hall of Fame Induction Class of 2020 are:

**Roger Avers**, Algonac High School,

**Larry Bellor**, Ogemaw Heights High School,

**Kathy Moody-Breece**, Traverse City West High School,

**Dan Coon**, Fowlerville High School,

**Jeff Devantier**, Birmingham Seaholm High School,

**Jim Feldkamp**, Anchor Bay High School, Basketball, Hazel Park, Lanse Creuse, Detroit University Prep Academy, Troy and West Bloomfield

**Laurie Glass**, Leland High School,

**Randy Johnson**, Auburn Hills Oakland Christian School,

**Tim McInnis**, Brighton High School,

**Ann Marie Michol**, De La Salle Collegiate,

**Bob Oliver**, Williamston High School,

**George Porritt**, Orchard Lake St Mary's High School,

**Rocky Shaft**, Holt High School,

**Tom Stockton**, Sterling Heights Stevenson High School,

**Scott Street**, Walled Lake Western High School

The MHSCA Hall of Fame is truly a HALL of Fame. It features a gigantic wall mural which features athletes and coaches in competition. Also, instead of the wall plaques, the new Hall of Fame also features a computer kiosk on which will be pictures of about 800 inductees of the of the Hall. The members can be looked up by name, their year of induction and their community or school. The MHSCA Hall of Fame is located in a hallway of the Student Activities Center (CAC) located on the campus of Central Michigan University. People who wish to see the hall may access it through the "old" Rose Arena Complex or the SAC entrance.

For Hall of Fame Banquet  
Information Contact  
[mholdren.11@gmail.com](mailto:mholdren.11@gmail.com)



Michigan High School Coaches Association  
2021 Hall of Fame Induction Banquet

Can you purchase a ticket for the MHSCA Hall of Fame Banquet from the following link?

<https://mhsca.sportngin.com/register/form/210481506>

Welcome

WELCOME TO THE 2021 HALL OF FAME INDUCTION BANQUET!

This registration session will allow you to complete contact information, sign up for ticket(s), and submit payment.

Please read through each page carefully to ensure that all information is provided accurately.

To complete registration through our secure site, please have your Visa, MasterCard, Discover or Checking Account (ACH) information available.

## MIGCA

# Michigan Interscholastic Golf Coaches Association

The Michigan Interscholastic Golf Coaches Association (MIGCA) is excited to announce that beginning with the girl's golf season in the fall of 2021, IWanamaker will be mandated as the official way of scoring in golf tournaments. The electronic scoring app has been used for two seasons now in trial runs and in May, the Executive Council of the MHSAA voted to mandate its use.

Cody Inglis, Assistant Director of the MHSAA is excited about what IWanamaker

has brought to high school golf in Michigan and looks forward to the continued benefits that schools, coaches, players and parents will see.

The Golf Coaches Association also looks forward to the use of the app as a way to supplement their All State selection process. It is going to be a win win for everyone involved.

### 2021 Hall of Fame and MIGCA Clinic

We are very excited to announce this year's Coaches Special Event.

THIS YEARS 2021 COACHES CLINIC, HALL OF FAME AND COACH OF THE YEAR BANQUET.

August 3rd, 4th and 5th, 2021- Summer Coaches Clinic and Hall of Fame Banquet

### CLINIC EVENTS:

Tuesday evening- Meet and Greet- this will include hors d'oeuvres and cash bar

Wednesday- Breakfast, clinics & seminars, lunch, clinics & seminars  
Wednesday Evening- Hall of Fame and Coach of the Year Banquet

Thursday- Breakfast, 18 holes of golf, lunch & Annual MIGCA meeting  
It is very important to note that we will be monitoring the Covid 19 situation.

We will be very cautious about bringing people together if it is not safe. Also, Treetops will have excellent safety precautions in place as well.

Thank you and look forward to a great event!!!!



## Michigan Sports Sages

### BOYNE MOUNTAIN FIRED UP FOR SAGES RETURN



The MICHIGAN SPORTS SAGES is looking forward to the return of the Sages following the Covid Pandemic recess.

2020 was the first time since 1954 that the Sages failed to meet for their annual

Gathering at their home since 1956, Boyne Mountain.

The dates of the 2021 Summer Meeting are August 3-5, 2021. Annual dues of \$30 can be paid by

Sending a check to Bill Bupp, 3991 White Pine Dr., DeWitt, MI 48820. Include a self-addressed, stamped envelop so your membership card can be returned to you immediately.

Individual coaches interested in joining the Sages can contact Bill Bupp at [w.bupp@comcast.net](mailto:w.bupp@comcast.net) to

request a "New Member" Application. Members are required to be 50 years old, have coached, officiated, been and administrator, or in some other way be related to scholastic, collegiate or professional athletics.

Housing and meal arrangements are due to Boyne Mountain by July 4, but we may be able to help with late registrants.

If a Housing form is needed request one by email to [w.bupp@comcast.net](mailto:w.bupp@comcast.net) and Bill will send one right your way.

### Michigan Sports Sages

The purpose of the Michigan Sports Sages shall be to meet in fellowship, to renew acquaintances and to perpetuate the tradition of achievement and leadership in the fields of athletics and recreation in the State of Michigan.



<b>Michigan High School Sport Association</b>
<b>Coaches Clinic/Events</b>
MIAAA: March 19-21, 2022 at Grand Traverse
Summer Workshop June 20-23 at Mt. Pleasant
Baseball: January 2022 TBA
BCAM-Basketball: October 2-3, 2021 at Oakland University.
Bowling : October 2021 TBA
MITCA: Cross Country: 2021 TBA
Competitive Cheer: October 2021 TBA
Football: January 2022 TBA
Golf: 2021 August 3-5th TREETOPS RESORT, GAYLORD
Gymnastics : October 2021 TBA
Men's Lacrosse: January TBA
Skiing: October 2021 @ TBA
Softball: February 2022 TBA Sports SAGES: 3-5 Boyne Mountain
Swimming: September 2021 Site: TBA
Tennis: February TBA
Track & Field: 2022 TBA
Volleyball: TBA -2021
Wrestling: Nov. 2021 TBA
NHSACA Convention: Lincoln, Nebraska July 26 to 29, 2021

# MHSCA COACHING RECOGNITION

The candidate must have distinguished himself/herself with good coaching ethics and promoted good sportsmanship throughout his/her coaching career.

\*The AD or principal's signature confirms this.

Ten (10) years of coaching outside of Michigan may be applied to the application. Coaching at any level may be applied as long as it is a school sponsored interscholastic sport.

To receive a general coaching certificate the candidate must have been coaching at least one sport per year at any level for the requested number of years.

To receive specific certificates for a single sport the candidate must qualify for the specified number of years in that sport.

This can be at any level. You cannot however count more than one level or season for a sport in any one year.

For example, coaching both boys and girls basketball during the same school year counts as "1" year; coaching both 7th grade boys and JV boys during the same school year counts as "1" year.

Up to three (3) years may be included for active duty military service which delayed or interrupted an applicant's coaching career.

Awards for 30 years and more (plaque) will have the sports that the candidate coached listed on the plaque.

The coach will be presented only one award for each level of service after 30 years.

For more information go to [www.mhsca.org](http://www.mhsca.org) or contact Mike Jolly at

E-mail to: [dlsathletics@aol.com](mailto:dlsathletics@aol.com)



## POSITIVE ATHLETE™

HOW DO YOU OPERATE?

**O**PTIMISTIC  
**P**UTS TEAM FIRST  
**E**NCOURAGING  
**R**ESPECTFUL  
**A**DMITS IMPERFECTIONS  
**T**RUE HEART FOR OTHERS  
**E**MBRACES SERVICE

Positive Athlete has launched free opportunities for coaches & student athletes.

Many videocast, Lessons In Positivity, available and it is all about current and former professional and Olympic athletes encouraging your student-athletes.

EVEN DEFINITIONS OF A POSITIVE ATHLETE:

Optimistic Attitude

Most coaches will tell you that an athlete who believes positive

things will happen has a greater chance for success.

Encouraging Teammate

In every sport, teammates are going to experience some kind of failure. Positive Athletes are the first ones to encourage them.

Servant Leader

Positive Athletes do not think about being the "stars of the team." They lead through serving others first and by setting an example.

Heart for Others

Many athletes are blessed with gifts that many others are not. The Positive Athlete seeks to help the less gifted or fortunate.

Admits Imperfections

This is Positive Athlete...not Perfect Athlete. Athletes willing to admit they make mistakes gain the respect of teammates and fans.

Always Gives 100%

Not every athletic competition goes as planned, but a Positive Athlete always gives 100% no matter what the scoreboard says.

Puts Team First

There are times when personal achievement may hurt the team's goal. Positive Athletes choose their team.



## July Newsletter from the

The information below is sent out from Gipper, the newest partner of the NHSACA.

The Gipper provides a discount to ALL NHSACA member coaches, schools and associations for joining Gipper.

Gipper has an outstanding platform for social media.

I would cordially ask that you forward the Gipper promo (found below) to all of your membership in your state.

This partnership with program does not provide financial payback for the NHSACA, rather the NHSACA is seeking to provide tangible benefits for its member states and coaches.

Thank you for all you do

Dave Dougherty  
Executive Director, NHSACA  
3409 50th St S  
 Fargo, ND 58104  
701-570-1008 ©



Looking to better promote your program and student-athletes on social media?

Gipper would enable you to easily create sports graphics for social media - just like you see from elite D1 programs.

It's crazy simple and you can do everything on your phone on the sidelines! Plus, you can even use the platform to drive advertising revenue to support your program :)

Here's a 15-second video to show you how it works: <https://youtu.be/I3yG6JWFhww>

We're used by thousands of athletic directors, coaches, and administrators in nearly 50 states.

Would Gipper be helpful for your team or program? If so, we're thrilled to offer you a 10% discount thanks to our partnership with the NHSACA. Please go to [gogipper.com/nhsaca](https://gogipper.com/nhsaca) for more info, book a 15-minute virtual demo directly [via this link](#), contact sales at [sales@gogipper.com](mailto:sales@gogipper.com), or create a free "sandbox" account on Gipper [here](#).

If making a purchase by CC via our site, please use the following discount code during check-

out: **NHSACA2021** If making a purchase by PO, please contact our team and we will apply the discount for you. Thanks so much!



JOIN IT!



**Social Media Course:**  
Get Certified in Social Media for High School Athletic Departments

Enter your email

☐ I agree to be contacted by Gipper (you may unsubscribe from these communications at any time.)

LET'S GO!

### Gipper Learn's FREE Certification Course

Nowadays, an effective social strategy is critical to every athletic department. Why? If you are not telling your story on social media, someone else is. You want to make sure to be in control of that narrative and share all of the great things coming out of your program. On top of that, an effective social strategy will help:

- improve communication with stakeholders
- grow your athletic brand
- drive new revenue to better support your program

However, high school athletic departments have the most teams to cover, but unfortunately the fewest resources to do so. This course has been put together with an understanding of that reality and will provide the key knowledge and actionable steps to create and execute on an effective social media strategy that will work for your program.

Join Gipper CEO, Matthew Glick, and invest in your program's growth and your career by learning how to develop brand guidelines, manage official social accounts, create stunning visual content, and more!

## 2021 NHSACA National Convention July 26-29, 2021 Lincoln, NE

The National High School Athletic Coaches Association the professional organization of school coaches and athletic directors, (NHSACA) has selected the following individual's as one of eight national finalists in their sport for Coach of the Year recognition.

Fred	Smith	Athletic Director	Lake Michigan Catholic
Chris	Andrews	Baseball	Portage Northern
Mike	Kloss	Boys Cross Country	Harbor Springs
Philip	Hoover	Boys Track & Field	Zeeland West
Randy	Vanderveen	Girls Track & Field	Rockford
John	Deibel	Special Sports	Notre Dame Prep
Jeff	Huxley	Swimming & Diving	Alma
David	Fredette	Tennis	Armada
Vicky	Groat	Volleyball	St. Philip Catholic Central

On July 27, the NHSACA Hall of Fame induction dinner in Lincoln, Nebraska will take place with two fine candidates from Michigan to be honored.

Mr. Mike Jolly from Warren De LaSalle schools and Ms. Jodi Manore of Temperance Bedford.

Each of the sports eight finalists will be honored, and the Coach of the Year will be selected during the NHSACA Annual Conference July 29, 2021 at the Old Train Station-Haymarket, in Lincoln, Nebraska, where over 500 coaches and athletic directors will participate.



# GATORADE

THE SPORTS FUEL COMPANY™

## Sports Nutrition 101: Fueling & Hydrating The Athlete

Amy Goodson, MS, RD, CSSD, LD, SPORTS DIETITIAN

Sports nutrition can be the key to fueling your athlete's success.

### PRE-WORKOUT

- Eat meals 3-4 hours before a workout. Aim for meals that are high in carbohydrate, moderate in protein and low in fat and fiber

- Examples of pre-workout meals based on workout times:



- **EARLY MORNING TRAINING:** Energy bar and a banana or a baggie of dry cereal, granola, and a few nuts or shake with fruit and low-fat milk



- **MID-MORNING TRAINING:** 1 ½ cups oatmeal w/ 1 spoon peanut butter mixed in, 1 fruit, 12 oz low-fat milk mixed with 1 scoop whey powder



- **AFTERNOON TRAINING:** Thick wheat bread sandwich w/ 3-5 oz turkey or ham, cheese, lettuce, tomato, mustard, 1 cup cold pasta or fruit, small energy bar

### • SNACK APPROXIMATELY 30 MINUTES BEFORE WORKOUT



- High carbohydrate, low protein
- **EXAMPLES:** energy bar, granola bar, fruit, small fruit smoothie

### DURING-WORKOUT

- **WHEN WORKING OUT FOR AN HOUR OR LONGER,** athletes should consume 30-60 g of carbohydrate per hour to keep energy levels up



- High carbohydrate, low to no protein, no fat
- **EXAMPLES:** Gatorade, small energy bar, small chewy granola bar, fruit, crackers

### POST-WORKOUT

- **RECOMMEND ATHLETES EAT AS SOON AS THEY CAN POST-WORKOUT**

- Eat a snack shortly after exercise and then a full meal within 2 hours

### • POST-WORKOUT SNACK IDEAS:



- Gatorade Recover Bar
- 1 cup fruit yogurt w/ granola
- Smoothie: 1-2 cups low-fat milk, fruit, and 1 scoop whey protein powder
- Trail mix w/ 1 cup cereal, 1 cup granola, small amount of nuts

### • MEAL 1-2 HOURS POST-WORKOUT IDEAS:



- 2 egg/ 2 egg-white omelet with low-fat cheese, veggies if you like, and ½ cup chopped lean ham, 2 whole-wheat waffles with low-fat butter and drizzle syrup



- 12" sub sandwich on wheat or honey oat w/ veggies, lean meat and cheese, baked chips and fruit



- 5 oz grilled chicken breast, 2 cups pasta w/ marinara sauce, 1 cup green veggie, 1 wheat roll, 1 piece fruit



- 1 grilled chicken sandwich, 1 bag Baked Lay's, energy bar and fruit



- 1 whole wheat bagel w/ 3 oz lean ham and Swiss cheese, 1 cup cold pasta salad, energy bar

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VISIT [PERFORMANCEPARTNER.GATORADE.COM](http://PERFORMANCEPARTNER.GATORADE.COM) FOR MORE

## Michigan High School Coaches Association Insurance Program

Michigan High School Coaches Association Insurance Program Loomis & LaPann, Inc. is the insurance administrator for the Michigan High School Coaches Association.

We offer general liability coverage, directors and officers coverage, and camp coverage to the National Organization of Coaches Association Directors (NOCAD), which the Michigan

High School Coaches Association is a member. The General Liability policy will protect the Michigan High School Coaches Association and its members from claims made by negligent acts, accidentally committed, resulting in: bodily injury, personal and advertising injury or property damage

to others.

The policy also covers member coaches in the classroom. Below is an overview of coverages and exclusions.

For a complete description of the scope and limitations of coverage, please refer to the policy

At Loomis & LaPann, Inc., We Are Sports Insurance!

Our specialty is Amateur Sports Management, and you can count on our knowledge and expertise to find the coverage that's right for you.

We offer a range of insurance products and carriers, along with quality service.

Loomis & LaPann, Inc. is an independent general insurance agency based in Glens Falls, New York. Our company traces its origins to 1852, a time when the U.S. insurance industry was in its infancy.

It has always been our policy to focus on particular industries so that the knowledge and expertise we accumulate recommends us to specific customers. That policy has taken us across North America to serve businesses as varied as fish canneries and lumbering in our early years, to our current specialty, Amateur Sports Management.

Today we provide a wide range of insurance coverages for amateur sports groups and associations. Loomis & LaPann works directly with various insurance underwriters to provide the most comprehensive insurance products and best possible service available in the marketplace.

## Loomis & LaPann, Inc.

INSURANCE SINCE 1852

Camp Insurance Coaches Assoc. High School Assoc. K



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Cell: 517-526-4575

## Executive Board

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## NHSACA EXECUTIVE COMMITTEE MEETING

Spring 2021 – Zoom Meeting

Sunday, May 2<sup>nd</sup>, – 1:00 PM CST Start

### AGENDA

Call to Order: President Ted Schroeder

*Ted called the meeting to order at 1:00 p.m. CST*

Appointment of recording secretary: Executive Director, Dave Dougherty

Appointment of Parliamentarian: Tim Wallstrum

Roll Call

NHSACA Executive Committee members: Comments/Reports/Communications

## Executive Committees

### Rich Tompkins Multi-Sport Athlete Award

Larry Merx

### Service Award

Mike Jolly

### Constitution

Kim Spalsbury

### Finance

Steve Porter, Darrin Millar & Sue  
Miller

President: Ted Schroeder

*Thanked everyone for all their work this year. Brought up the possibility of the 3<sup>rd</sup> VP taking minutes. A short discussion took place with no action taken.*

1<sup>st</sup> Vice President: Rocky Ruhl

*Nothing to report.*

2<sup>nd</sup> Vice President: Justin Davie

*Nothing to report.*

3<sup>rd</sup> Vice President: Tim Wallstrum

*No report, but did inform the committee of the extreme drought in Western ND*

Immediate Past President: Joe Cliffe

*Joe reported the wrestling season in Illinois has just started.*

State Executive Secretaries Representative: Darin Boysen

*Nothing to report.*

Executive Director: Dave Dougherty

*Nothing to report.*

Additional items to be added to the agenda:

*Darin requested discussion on the future 2021-22 budget take place.*

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Previous 2020-21 NHSACA Executive Committee Minutes (emailed to committee): Dave

Dave sent out the Fall meeting minutes, the January meeting minutes and the March meeting minutes to the Committee prior to the meeting for their review. Moved by Darin to approve, seconded by Rocky. The motion passed.

Officer Accession for the Booklets. Rocky or Justin, President-elect???

Discussion took place concerning the script for the accession of officers at the final board meeting during the summer. Dave will ask Don Prokes if he would read the script and make the motion to ascend the officers at the meeting. Dave will re-write the script to reflect the proper accession.

2021 National Convention Report: Darin, Ted & Dave

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Past Presidents' Luncheon: Thursday, the 29<sup>th</sup> 11:00 a.m. Dave

Dave will contact the restaurant for menu items and the hotel for the assigned room.

Hall of Fame Banquet: Wednesday, the 28<sup>th</sup> Social 5:00 p.m. Meal 6:00 p.m. Dave

Set up, Workers needed, pictures, other

Discussion took place on this. Dave will contact board members who work on the set up each year to see if they are able to do so again this year. Rocky, Justin and Tim will be in charge of laying the awards and handing them to Ted on the award stand during the ceremony. Discussed the different look the social will have in this venue. Discussed the photographer that will be taking formal pictures, along with Joe and the Mitchells taking pictures.

COTY Banquet: Wednesday, the 26<sup>th</sup> Social 4:00 p.m. Meal 5:00 p.m. Dave

Set up, Workers needed, pictures, other

Discussed the banquet and many of the same points from the Hall of Fame Banquet. There was a long discussion on the COVID limitations currently in place in Lincoln. Can hold 75% of capacity which is 325. The local health department has stated that it will not go up to 100% capacity until 75% of the population (16 and older) in the Lincoln area is vaccinated. This is far too low for our banquet, but Sheila at the Great Hall believes we will be at 100% by the time the banquet takes place. A discussion on the pros and cons took place for splitting the banquet into two back-to-back banquets. Darin moved to schedule one banquet but prepare for the possibility that we may have to split the banquet into two. Seconded by Rocky. The motion passed. The cutoff date will be determined as we get closer to the banquet and input from Sheila at the Great Hall.

Review draft Schedule: Darin

Darin reviewed the General Schedule and explained the color-coding. The NCA magazine has been mailed out to all NHSACA Board Members who have indicated they are attending the convention. There are 88 speakers and round tables (Finalists' Panels) for each sport.

Review of NHSACA Board Schedule: Dave

Ted reported that the Executive Committee members should come in on Saturday (24<sup>th</sup>) and for those who are here, we will plan to eat dinner together (spouses included). On Sunday, the NCA will move its office to the LNS at 10:00 a.m. The Executive committee members, and spouses who can help, will work on setting up for the evening social and dinner at the same time. The Executive Committee will meet from 12:00-5:00 p.m. Darin reported that Daktronics is sponsoring the working lunch B.O.D. meetings during the convention and that Field Turf is sponsoring the evening socials.

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College Credit: Darin

Proactive Coaching will provide the speakers/instructors for these sessions. The University of Sioux Falls will provide the graduate credit. Jerry and Virg will represent the USF during these sessions.

General Session Speaker: Darin

Darin reported that Brian Kight, from North Carolina is the keynote speaker. It is a laid back type of session. This will not be the typical NHSACA General Session #1 meeting. The board will be recognized in groups, but not individually.

Social Functions:

Board and Spouse events: Monday July 26<sup>th</sup>: Ted

The spouses will have the option to take a bus to the Sunken Gardens in the afternoon and then join the board members at the conclusion of their committee meetings. There will be a social from 4-5:00 p.m. sponsored by the NE Hall of Fame. Everyone will get to go on a tour of the NE High School Hall of Fame followed by our board dinner. Ted will send out a google doc to the board to find out who will be in attendance on Sunday.

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Hall of Fame Social: Tuesday, July 27<sup>th</sup>: Dave

Dave reported this social will begin at 4:00 and go until 5:45 at the Hyatt Hotel, which is the official hotel for the Hall of Fame Inductees.

Convention Social: Wednesday, July 28<sup>th</sup>: Darin

Darin reported that this event will be at the train station from 8:30-11:30. There will be "Dueling Pianos" entertaining. Each person with a badge will receive 3 drink tickets and will be allowed to bring one guest in with them. There will be cash bars. There will be VIP seating for the NCA and NHSACA Boards. There will also be security and you need your badge to enter. Dave is working with the Hyatt Hotel to provide changing rooms for people who have just attended the Hall of Fame Banquet.

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MWA: Wrestling

Evening Socials: Ted

Ted reported that Field Turf is sponsoring these socials and the NCA will have a couple of people to assist. The time of the socials will be 8:00-Midnight at the Country Inn and Suites. NHSACA groups will host on the following evenings:  
Sunday: Nebraska  
Monday: Wyoming  
Tuesday: North and South Dakota

Wednesday: no social as we have the big social downtown

Thursday: Past Presidents of NHSACA





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Cell: 734-223-8490

854 Marshall Street, Portland, MI 48375  
E-mail: [mhsca1954@gmail.com](mailto:mhsca1954@gmail.com)

Mark F. Holdren, Exec. Secretary  
Cell: 517-526-4575

## Executive Board

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Dave Kowalski

### Past President

Ted McIntyre

Other items:

2021 Hall of Fame Responses: Dave

Inductees

Dave reviewed the process and that we are getting good responses for this. There are 39 individuals who will be inducted into the Hall of Fame.

Returned Data forms and Biographies:

Dave reported that we only need to get 6 more biographies.

2021 National COTY Finalists' Information: Dave

Number of Registered Finalists

Number of Finalists indicating they are not able to attend

Dave reported that there are still 67 finalists that he hopes will register for the convention.

## Executive Committees

### Rich Tompkins Multi-Sport Athlete Award

Larry Merx

### Service Award

Mike Jolly

### Constitution

Kim Spalsbury

### Finance

Steve Porter, Darrin Millar & Sue Miller

2021 Registrations: Dave

NHSACA B.O.D.

Dave reported we still have a number of board members to register and to make room reservations.

## Member Associations

MIAAA: Athletic Directors

MHSBCA: Baseball

BCAM: Basketball

MHSBCA: Bowling

CCCAM: Competitive Cheer

MHSFCA: Football

MIGCA: Golf

MHSGCJA: Gymnastics

MHSHCA-Ice Hockey

MHSLCA: Men's Lacrosse

MWLCA: Women's Lacrosse

MHSSCA: Skiing

MHSSCA: Softball

MISCA: Swimming & Diving

MHSTeCA: Tennis

MITCA: Track & Field & Cross Country

MIVCA: Volleyball

MWA: Wrestling

College Credit

There are currently 2 coaches who have signed up for graduate credit.

Donations

We have slightly under \$200.00 in donations at this point.

2021 Vendors: Darin

Darin reported that there are only a few slots left for vendors. It has gone very well.

2021 National Anthem Singers & Color Guards: Darin and Dave

Dave reported that Rebecca Holloway will sing the anthem for the Hall of Fame and he will check to see if she is available for the COTY Banquet. Darin reported that the venue will be very tight and it was decided we will not be able to have a color guard this year.

Review of Executive Committee Duties:

Dave reviewed the Executive Committee duties for all of the Board meetings as well as the Hall of Fame Banquet and the COTY Awards Banquet.



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2021 Committee Assignments: Ted, Dave

Ted reviewed his committee assignment document. One of the chief goals is to get each committee to commit to Zoom meetings outside of the convention week and to continue their work.

Executive Committee Work Days: Ted, Darin, Dave

10:30-12:00 Sunday: lay out shirts, etc. for Board, and prepare social/dinner area

It was decided that we would attempt to hand out polo shirts, badges, lanyards, and other items during the Sunday night social. Hopefully most of the Board members will attend this social for a little while.

State sponsorships/Ads for convention: Dave

Dave reported that 4 state associations have chosen to place ads in the banquet programs. He will reach out to the remaining associations to see if any others are interested in this.

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Varsity Bound: Dave

Dave reported that Varsity Bound paid for the construction of our new website and that they are paying the monthly fee to the site hosting our website. There was discussion on the work of Varsity Bound with Coaches Associations and Activity Associations in states.

Gipper: Dave and Matthew Glick

Jesse Garcia, from Gipper, joined the meeting via Zoom and made a presentation with details on the functionality and the platform of Gipper, and how it benefits High School programs. He shared an excellent slide show showing and describing the various templates available for schools to use in the social media platforms. The Basic Plan is \$450.00/year and the Pro Plan is \$1500.00. We reviewed what we are doing right now. There is a 10% discount for any school, program, etc. that is a member of NHSACA.

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MHSTeCA: Tennis

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MWA: Wrestling

Coach and AD Magazine

Dave reported that there is nothing new at this point. Ted wants us to reach out to personally invite them to the clinic. Dave will try to contact Brian this week.

SportsYou: Darin

Darin reported that we will not use this app for the convention this year. They are becoming a competitor to HUDL, and HUDL is a major partner with the NCA.

AJG Grant: Dave

Dave reported that he completed and sent the grant in on 4.21.21. This is a \$10,000.00 grant that is available because of the COVID Pandemic.

PPP Loan Update: Dave

Dave completed the paperwork requesting loan forgiveness for the first PPP loan we received. NHSACA received the first and second PPP loan.



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2020-21 Dual State Paid Memberships: Dave

Dave reviewed the spreadsheet showing the current state associations that are dual-members. He also reported that there are three more associations who have indicated they are joining the NHSACA.

Potential Membership Growth: Ted, Dave

There was a long discussion on this. We all agreed that for the past number of years the potential growth is coming from single-sport associations rather than umbrella associations. The Southern New Jersey Coaches Association is sending a check in this week and there are two associations in southern California who are going to join during the 2021-22 fiscal year.

2020-21 NHSACA Board of Directors Spreadsheet: Dave

Dave reviewed this information with the board and will send the most current spreadsheet to everyone.

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Review of Sport Chairs: Dave, Joe, Tim

There was a discussion on positions to fill following this convention. Dave has been directed to reach out to Dan Brunner to see if they have anyone interested in football and to Brandon Gonzales to see if they have anyone interested in soccer.

Review of Regional Directors: Dave, Rocky Ruhl, Justin Davie

The committee reviewed the current directors and the need to re-appoint the directors from odd regions. Region VI will need a new director as Dan Mitchell will move into the 3<sup>rd</sup> VP position.

NHSACA Website: Dave Dougherty

General Discussion. Changes made, additional changes??

Dave reported the website is up and running. It looks great. Randy has already made some changes and updates and will continue to do so as we move toward our convention.

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NHSACA Awards: Dave Dougherty

Distinguished Service Awards (All States have been notified)(In Special Awards folder)

Region1 – Connecticut	No Response
Region 2 – New Jersey	Yes
Region 3 – Georgia	No Response
Region 4 – Indiana	No Response
Region 5 – Louisiana	Yes
Region 6 – Iowa	No Response
Region 7 – Idaho	Yes
Region 8 – Utah	No Response
Host – Nebraska	Yes

Dave reported on the states that have sent names for the DSA award. He will send out another email this upcoming week inviting those who haven't done so, to send in a name for this award.



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Carey E. McDonald National Citation

Ed Kershner: Shari Anthony will represent Ed

Robbie Robinson

Kevin Hoffman Can't contact him

Jimmy Reed

Rocky moved to remove Kevin Hoffman's name from the list as he no longer works for Coach and AD and we aren't able to contact him. Second by Joe. The motion carried. Ed talked to Dave and said Sherri Anthony will represent him during the ceremony since he is unable to attend due to his health challenges. Rocky will write the script for these citations and read them during the banquet.

Dwight Keith Award

Randy Johnson

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Randy has sent in his biography. Tim will write this up for the booklet and banquet and read Randy's biography.

Kathy Holloway Women of Inspiration

Discussion took place concerning who would read and write this biography. It was the consensus of all that Dave should contact Sara Kinney to see if she would like to do this.

2022 Convention Update: Justin, Dave

Site: Des Moines, IA

One Day Registrations

Justin Davie is working on securing sponsorships for this convention.

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MHSSCA: Softball

MISCA: Swimming & Diving

MHSTeCA: Tennis

MITCA: Track & Field & Cross Country

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Other: NHSACA News Letter

May: Ted

June: Ted and Dave Email Blasts to participants

July: Ted Wrap up of convention and year.

Dave reviewed the assignments for the upcoming months.

Old Business





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### New Business

Make Video to market NHSACA on the website and social media

There was a short discussion on this with everyone thinking this would be a good idea but we need to put some thought and effort into this.

### 2024 Convention Location

Dave reported that Arizona is not in a position to host the convention at this point. The NDHSCA contacted Dave and let them know if he is unable to secure a location that they would support the NHSACA and host it in North Dakota. Joe moved to award the 2024 convention to the NDHSCA, seconded by Darin. The motion passed.

### 2025 Convention Location

The committee discussed the potential for the SDHSCA to host this convention. This agenda item was tabled at this time as the convention is too far away to make this decision at this time.

## Executive Committees

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### Financial Report: Danell & Dave

Bank Statement/Financial Statement:

(hand out in folder)

Danell reviewed all of the financial reports with the committee and answered all of the questions. Darin moved to accept the report, seconded by Justin. The motion passed.

### Outstanding Bills/Upcoming bills/expenses

Executive Director Salary Owed:

Dave reported that \$17,500.00 of the national office salary will be paid on July 1.

Executive Director expenses

Danell reported that there are not any current expenses to pay.

Outstanding Bills (Work has begun on these items, payment due later)

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MHSSCA: Skiing

MHSSCA: Softball

MISCA: Swimming & Diving

MHSTeCA: Tennis

MITCA: Track & Field & Cross Country

MIVCA: Volleyball

MWA: Wrestling

### President's Ring:

### Biographies:

### Printing:

### Hall of Fame Awards:

### COTY Plaques:

Danell reported that as these bills come in we will pay them.



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Tax Filing Status: Filed Quarterly report at the end of December

Danell reported that this report has been filed and each quarterly report was filed on time and will be filed on time according to the IRS rules.

Upcoming Executive Director Contract for 2021-22. No anticipated changes.

Dave and Justin will complete this during the summer convention.

2021-22 Budget consideration

Darin asked for this addition to the agenda. He asked for consideration to place a line-item in the budget to support the development of education programs in NHSACA. A long discussion followed. Darin moved to budget \$5,000.00 annual line item in the 2021-22 budget to support an education initiative. Justin seconded the motion. The motion passed.

Executive Committee Meeting: Ted

Sunday, July 25 – 12:00-5:00 PM CI & S Chamber Room

Besides the first meeting at the convention, Ted scheduled a Zoom meeting for June 17<sup>th</sup> at 7:00 p.m.

### Executive Committees

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Board of Directors Meetings: Ted

Monday, July 26 – 2:00-4:00 PM NCA Office Building Media Room

All agreed this is the first scheduled board meeting during the convention

At 5:30, Darin moved to adjourn the meeting. Motion carried.

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## Executive Board

## MICHIGAN HIGH SCHOOL COACHES ASSOCIATION

### HALL OF FAME APPLICATION

#### Executive Director:

Jim Okler,

#### Executive Secretary:

Mark F. Holdren

#### President:

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#### 2nd Vice President

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**Criteria for Application:** Only persons who have coached and/or directed a secondary school athletics program for 20 years or more and actively coached in Michigan for a minimum of 10 years are eligible for the MHSCA Hall of Fame. The applicant must have been a member of the association (MHSCA), in good standing, and an active member of the association two years prior to nomination into the Hall of Fame. In addition to the application, the nominee will need to have two letters of support sent to the address at the bottom.

#### Contact Information

Date of Birth: \_\_\_\_\_

Name of Candidate: \_\_\_\_\_ Phone: \_\_\_\_\_

Home Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Candidate E-mail: (please print carefully) \_\_\_\_\_

School \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

**Athletic Director Name:** \_\_\_\_\_ Phone: \_\_\_\_\_

E-Mail Address \_\_\_\_\_ FAX Number \_\_\_\_\_

**Nominator's Name:** \_\_\_\_\_ Phone: \_\_\_\_\_

Home Address \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

E-mail: (please print carefully) \_\_\_\_\_

#### Coaching and/or Athletic Director Record (Please include all that you can on this form)

School	Sport	Years	# of Seasons	Won-Loss Record, Summary
Example Smithville HS	Basketball	1969—2008	48	600-20; 34 League, 20 Reg. 10 State Titles
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____

Number of years as a Coach: \_\_\_\_\_ Number of years as an Athletic Director: \_\_\_\_\_ Combined Total: \_\_\_\_\_

Coaching Honors Listed \_\_\_\_\_

Service to Sports Associations and/or Community (sports associations, committees, leadership roles, service clubs, church organizations, etc.) \_\_\_\_\_

Please send application, photograph (5 x 7) and have 2 letters of support forwarded to:

**Mr. Mark Holdren, 854 Marshall Street, Portland, MI 48875**

For more information contact: [mholdren.11@gmail.com](mailto:mholdren.11@gmail.com) or call: 517-526-4575

(Please feel free to use additional sheet for providing information)

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## MICHIGAN HIGH SCHOOL COACHES ASSOCIATION/GATORADE

### 15/20/25/30/35/40/45/50 YEAR COACHING SERVICE AWARD

#### GENERAL REQUIREMENTS

- The candidate must have distinguished himself/herself with good coaching ethics and promoted good sportsmanship throughout his/her coaching career. \*The AD or principal's signature confirms this.
- Ten (10) years of coaching outside of the state of Michigan may be applied to the application.
- Coaching at any level may be applied as long as it is a school sponsored interscholastic sport. A maximum of ten (10) years may be allowed for coaching at the collegiate level.
- To receive a general coaching certificate the candidate must have been coaching at least one sport per year at any level for the requested number of years.
- To receive specific certificates for a single sport the candidate must qualify for the specified number of years in that sport. This can be at any level. You cannot however count more than one level or season for a sport in any one year. For example, coaching both boys and girls basketball during the same school year counts as "1" year; coaching both 7<sup>th</sup> grade boys and JV boys during the same school year counts as "1" year.

## Executive Committees

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Awards for 30 years and more will have the sports that the candidate coached listed on the plaque. The coach will be presented only one award for each level of service after 30 years.

#### PROCEDURE FOR RECEIVING AWARD

- Complete the application forms (2) and mail to: Mike Jolly, Years of Service Awards,
- 20917 Parkplace Lane, Clinton Twp., MI 48036 or E-mail to: [dlsathletics@aol.com](mailto:dlsathletics@aol.com)
- Certificates will be sent to your home address. Please allow four (4) weeks for processing.

Plaques will be mailed to your home address. Please allow six (6) weeks for processing.

#### MHSCA APPLICATION FOR YEARS COACHING SERVICE AWARD

\_\_\_ 15 Years \_\_\_ 20 Years \_\_\_ 25 Years \_\_\_ 30 Years \_\_\_ 35 Years \_\_\_ 40 Years \_\_\_ 45 Years \_\_\_ 50 Years

Name (as it is to appear on award) \_\_\_\_\_

Best Phone \_\_\_\_\_ Email Address: \_\_\_\_\_

Home Address \_\_\_\_\_

Home City \_\_\_\_\_ Home State \_\_\_\_\_ Home Zip \_\_\_\_\_

Michigan High School Sports Association: \_\_\_\_\_ (MITCA, BCAM, etc.)

MHSCA Membership Card #: \_\_\_\_\_ Year: \_\_\_\_\_

Signature of Coach \_\_\_\_\_

Signature of AD or Principal \* \_\_\_\_\_ Phone Number: \_\_\_\_\_

Printed Name of Administrator: \_\_\_\_\_ Email: \_\_\_\_\_

Send Completed form to: Mike Jolly, Years of Service Awards, 20917 Parkplace Lane, Clinton Twp., MI 48036

or E-mail to: [dlsathletics@aol.com](mailto:dlsathletics@aol.com). Be sure to include your Year-by-Year Summary Sheet.

The MHSCA Coaching Service Award is sponsored by GATORADE in cooperation with MHSCA

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MWA: Wrestling

NAME: _____						
COACHING SERVICE AWARD WORKSHEET						
School	Year	School	Sport	School	Year	School
(Example)	(Example)	(Example)	(Example)	(Example)	(Example)	(Example)
1	1990-91	MCHS	FB, BBSK, BSB	4	1993-94	MACOMB CC
2	1991-92	USAF	Active Duty	5	1994-95	TOLEDO ST. JOHN
3	1992-93	MACOMB CC	BBSK	6	1995-96	MCHS
	1960-61				2000-2001	
	1961-62				2001-2002	
	1962-63				2002-2003	
	1963-64				2003-2004	
	1964-65				2004-2005	
	1965-66				2005-2006	
	1966-67				2006-2007	
	1967-68				2007-2008	
	1968-69				2008-2009	
	1969-70				2009-2010	
	1970-71				2010-2011	
	1971-72				2011-2012	
	1972-73				2012-2013	
	1973-74				2013-2014	
	1974-75				2014-2015	
	1975-76				2015-2016	
	1976-77				2016-2017	
	1977-78				2017-2018	
	1978-79				2018-2019	
	1979-80				2019-2020	
	1980-81					
	1981-82					
	1982-83					
	1983-84					
	1984-85					
	1985-86					
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	1987-88					
	1988-89					
	1989-90					
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	1991-92					
	1992-93					
	1993-94					
	1994-95					
	1995-96					
	1996-97					
	1997-98					
	1998-99					
	1999-2000					

**SPORT CODE**

BSB, BBSK, GBSK, BBWL, GBWL, CHR, BCC, GCC  
 FB, BGLF, GGLF, GYM, HCK, BLAX, GLAX, BSKI, GSKI,  
 BSCR, GSCR, SFB, BSWM, GSWM, BTEN, GTEN,  
 BTRK, GTRK, VB, WR

**SCHOOL or SERVICE CODE**

(Example)

MCHS	Mt. Clemens HS
USAF	US Air Force



Jim Okler, Executive Director  
Cell: 734-223-8490

854 Marshall Street, Portland, MI 48375  
E-mail: [mhsca1954@gmail.com](mailto:mhsca1954@gmail.com)

Mark F. Holdren, Exec. Secretary  
Cell: 517-526-4575

### Executive Board

#### Executive Director:

Jim Okler,

#### Executive Secretary:

Mark F. Holdren

#### President:

Debbie Williams-Hoak

#### 1st Vice President

Darrin Millar

#### 2nd Vice President

Ron Landfair

#### 3rd Vice President

Dave Kowalski

#### Past President

Ted McIntyre

Michigan High School Coaches Association Distinguished Service Award is one of our highest awards for service and contributions to sports in the state of Michigan.

The MHSCA Distinguished Service Award:

MHSCA recognizes individuals and organizations that have provided extraordinary service to educational athletics, the including the advancement student athletes, coaches, or those who serve interscholastic athletics through its Distinguished Service Awards.

The Distinguished Service Award (DSA) is given to a person (or persons), either volunteer or staff, who have exhibited valuable professional service (within the MHSCA or among its association membership) including academically, supportive, service, assistance at any level of interscholastic athletics. These criteria are good measures of acceptable candidates and help to assure that recipients have a wide range of "service" that they provide to the profession of interscholastic athletics. Nominations should be submitted on an individual basis, not by a group or on behalf of constituent groups (conferences, affiliates, assemblies, committees, etc.).

### Executive Committees

#### Rich Tompkins Multi-Sport Athlete Award

Larry Merx

#### Service Award

Mike Jolly

#### Constitution

Kim Spalsbury

#### Finance

Steve Porter, Darrin Millar & Sue Miller

The MHSCA Distinguished Service Award does not need to be awarded each year. This award should be bestowed only when the MHSCA Board of Directors committee decides that nominations warrant presentation of the award. This award may be given posthumously.

Why nominate a deserving candidate for the MHSCA Distinguished Service Awards:

- To recognize a person who has positively impacted interscholastic athletics in a significant way.
- To recognize institutions for their affiliation with individuals who demonstrate the highest level of professionalism and commitment to interscholastic athletics.
- To confirm and honor a superior servant by his/her peers and colleagues.
- To celebrate individuals who epitomize the profession's highest standards for interscholastic sports.
- To focus attention on the exemplary, and by doing so to elevate the profession overall and establish a high standard of excellence in promoting, supporting or contributing to interscholastic athletics.

#### Required information for completed application:

Name of MHSCA Distinguished Service Award Nominee:

School or Sport Affiliation:

Email:

Mobile Phone

Nominated by:

Email:

Mobile Phone:

I believe this nominee is worthy of receiving this award for the following reasons: (attach separate)

Completed application can be submitted to [MHSca1954@gmail.com](mailto:MHSca1954@gmail.com)

### Member Associations

MIAAA: Athletic Directors

MHSBCA: Baseball

BCAM: Basketball

MHSBCA: Bowling

CCCAM: Competitive Cheer

MHSFCA: Football

MIGCA: Golf

MHSGCJA: Gymnastics

MHSHCA-Ice Hockey

MHSLCA: Men's Lacrosse

MWLCA: Women's Lacrosse

MHSSCA: Skiing

MHSSCA: Softball

MISCA: Swimming & Diving

MHSTeCA: Tennis

MITCA: Track & Field & Cross Country

MIVCA: Volleyball

MWA: Wrestling

## Sponsorship Opportunities

### Active Link on the MHSCA Website: (July 1-June 30) \$500.00

- Your company's web page linked to the MHSCA website's homepage
- Name of company, logo and short description of products/services

### Full page ads in MHSCA Hall of Fame or Coach of the Year Awards booklets:

- Newsletter Booklet (10 times a year) \$250.00
- Newsletter Booklet and Coach of the Year Awards Program or Hall of Fame Induction Ceremony Program Booklet \$200.00
- Newsletter Booklet, Coach of the Year Awards Program and Hall of Fame Induction Ceremony Program Booklet \$500.00

### MHSCA Board of Directors meetings or Hall of Fame or Coach of the Year table display or registrants' packet stuffer: \$100.00/page

- Your company's product/service information document (8.5"x11"), provided by the sponsor included in each registrant's packet

### Sponsor a Hall of Fall or Coach of the Year inductee:

- 1 Sport \$200.00
- 2 Sports \$350.00
- 3 Sports \$500.00
- 4 Sports \$600.00
- (Buy 3, get 1 Free)

All 15 Sports \$3,000.00

Presentation of the Hall of Fame or Coach of the Year Award at the banquet

- Two (2) Complimentary tickets to the Awards Banquet

- Sponsor banner (2'x4') hung on wall in Banquet Room during Awards Banquet

- Recognition/Advertising in Coach of the Year Awards Program

- Complimentary exhibit booth during the awards day banquets

- Active link on MHSCA website

### Sponsor a MHSCA Service Awards Station: \$200.00

- Company signage promoting your company as the sponsor of this award at HOF & COTY banquets.

- Presentation of the Service Award at the Coach of the Year Awards banquet

- Placement of your company's Logo on award certificates and plaques.

- Recognition ad in the MHSCA Hall of Fame & Coach of the Year Program Booklet

- Placement of your company's marketing materials on table in serving area

- Complimentary exhibit booth during the awards day banquets

- Active link on MHSCA website.

### Sponsor a Hospitality Station (assessable to all registrants and guests): \$200.00

- Company signage promoting your company as the sponsor of this event

- Recognition ad in MHSCA Hall of Fame & Coach of the Year Program Booklet

- Placement of your company's marketing materials on table in serving area

### MHSCA Contact Information:

**Mark Holdren, Executive Secretary**  
**845 Marshall St.**  
**Portland, MI 48875**

**Phone: 517.526.4575**

### The MHSCA Board of Directors Meetings & Events

- Board of Directors Fall Board Meeting 9-19-21
- Hall of Fame Banquet September 19, 2021 @ CMU Board of Directors Winter Board Meeting & COTY Banquet November 7, 2021 @ Lansing Area
- MHSCA Hall of Fame Committee Meeting, February 10, 2022 @ conducted **Virtually**
- MHSCA Finance Committee meeting, March 6, 2022 @ conducted **Virtually**
- Board of Directors Spring Board Meeting March 6, 2022 conducted **Virtually**

  
**MHSCA BOARD OF DIRECTORS & EXECUTIVE COMMITTEES CALENDAR**

## MHSCA Sponsors



### **Executive Director**

**James M. Okler, CMAA**  
**MHSCA1954@gmail.com**